



Discovery Point Menu #3

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST Turkey Sausage Patty English Muffin Mandarin Oranges Milk	BREAKFAST Scrambled Eggs Wheat Toast Peaches Milk	BREAKFAST Cereal Bars Applesauce Milk	BREAKFAST Whole Grain Mini-Bagel Low Fat Cream Cheese Pineapple Milk	BREAKFAST Cereal Bananas Milk
LUNCH Fish Sticks Mashed Potatoes Peas Milk	LUNCH Tomato Pasta Soup Ham & Cheese Pinwheels Apples Slices Milk	LUNCH Pizza w/Cheese or Beef Steamed Broccoli Pears Milk	LUNCH Turkey w/Rice & Gravy Green Beans Orange Wedges Milk	LUNCH Chicken Fettuccini Squash/Zucchini Peaches Milk
SNACK Animal Crackers Strawberry Yogurt Water	SNACK Warm Baked Pretzels Milk	SNACK Hummus w/Shredded Carrots Wheat Pita Triangles 100% White Grape Juice	SNACK Graham Crackers Sunflower Seed Butter Water	SNACK Rice Cereal Treats Water