

**Discovery Point Menu #3**

**Monday Tuesday Wednesday Thursday Friday**

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| **BREAKFAST**  Turkey Sausage Patty  English Muffin  Mandarin Oranges  Milk | **BREAKFAST**  Scrambled Eggs  Wheat Toast  Peaches  Milk | **BREAKFAST**  Cereal Bars  Applesauce  Milk | **BREAKFAST**  Whole Grain Mini-Bagel  Low Fat Cream Cheese  Pineapple  Milk | **BREAKFAST**  Cereal  Bananas  Milk |
| **LUNCH**  Fish Sticks  Mashed Potatoes  Peas  Milk | **LUNCH**  Tomato Pasta Soup  Ham & Cheese Pinwheels  Apples Slices  Milk | **LUNCH**  Pizza w/Cheese or Beef  Steamed Broccoli  Pears  Milk | **LUNCH**  Turkey w/Rice & Gravy  Green Beans  Orange Wedges  Milk | **LUNCH**  Chicken Fettuccini  Squash/Zucchini  Peaches  Milk |
| **SNACK**  Animal Crackers  Strawberry Yogurt  Water | **SNACK**  Warm Baked Pretzels  Milk | **SNACK**  Hummus w/Shredded Carrots  Wheat Pita Triangles  100% White Grape Juice | **SNACK**  Graham Crackers  Sunflower Seed Butter  Water | **SNACK**  Rice Cereal Treats  Water |