



Discovery Point Menu #4

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST Waffles Applesauce Milk	BREAKFAST Ham & Cheese Omelet Wheat Toast w/Fruit Spread Pears Milk	BREAKFAST Cereal Strawberries Milk	BREAKFAST Pancakes Bananas Milk	BREAKFAST Oatmeal Peaches Milk
LUNCH Tuna Salad on Wheat Bread Salad Watermelon Milk	LUNCH Barbeque Chicken Mashed Potatoes Peaches Milk	LUNCH Beefy Noodles Green Beans Orange Wedges Milk	LUNCH Turkey or Chicken & Rice Casserole Carrots & Peas Milk	LUNCH Cheese Pizza Tossed Salad Corn Milk
SNACK Graham Crackers Milk	SNACK Whole Grain Tortilla Chips Black Bean Salsa Water	SNACK Cheddar Cheese Wheat Crackers 100% Apple Juice	SNACK Oatmeal Cookies Milk	SNACK Apple Slices w/Fruity Dip Water