

**Discovery Point Menu #4**

**Monday Tuesday Wednesday Thursday Friday**

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| **BREAKFAST**  Waffles  Applesauce  Milk | **BREAKFAST**  Ham & Cheese Omelet  Wheat Toast w/Fruit Spread  Pears  Milk | **BREAKFAST**  Cereal  Strawberries  Milk | **BREAKFAST**  Pancakes  Bananas  Milk | **BREAKFAST**  Oatmeal  Peaches  Milk |
| **LUNCH**  Tuna Salad on  Wheat Bread  Salad  Watermelon  Milk | **LUNCH**  Barbeque Chicken  Mashed Potatoes  Peaches  Milk | **LUNCH**  Beefy Noodles  Green Beans  Orange Wedges  Milk | **LUNCH**  Turkey or Chicken &  Rice Casserole  Carrots & Peas  Milk | **LUNCH**  Cheese Pizza  Tossed Salad  Corn  Milk |
| **SNACK**  Graham Crackers  Milk | **SNACK**  Whole Grain Tortilla Chips  Black Bean Salsa  Water | **SNACK**  Cheddar Cheese  Wheat Crackers  100% Apple Juice | **SNACK**  Oatmeal Cookies  Milk | **SNACK**  Apple Slices w/Fruity Dip  Water |