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**Daily Menu Sample #1**

**Monday Tuesday Wednesday Thursday Friday**

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| **BREAKFAST**Corn Flakes100% Orange JuiceMilk | **BREAKFAST**Egg & turkey sausage burrito Fruit Salad Milk  | **BREAKFAST**OatmealBananasMilk  | **BREAKFAST**Scrambled EggsHashbrownsToast w/fruit spread Milk  | **BREAKFAST**French Toast SticksStrawberry Applesauce Milk  |
| **LUNCH**ChickenBrown RiceSteamed BroccoliPearsMilk | **LUNCH**Beef or Veggie BurgerOn Wheat BunPeasSweet Potato FriesMilk | **LUNCH**Cheesy PastaPeachesTossed SaladMilk | **LUNCH**Turkey, Cheese & Lettuce Sandwich on WheatCooked CarrotsStrawberry SlicesMilk  | **LUNCH**Soft Beef TacoShredded LettuceCornOrange SlicesMilk |
| **SNACK**Yogurt Parfait w/Fresh Fruit & Crisp Rice cereal Water  | **SNACK**Graham CrackersApplesauceMilk | **SNACK**Goldfish Crackers100% Apple Juice | **SNACK**Fruit and Grain Bars Milk | **SNACK**Cheese SlicesWheat CrackersWater |