

Dear Families,

The health and safety of our children and staff is of the utmost importance to us. Therefore, we wanted to let you know that we have a confirmed case of Roseola at our school.

Roseola is a viral infection that starts with a high fever (103 degrees or above) and lasts three to four days, followed by a red rash which spreads from the trunk to the body. Please keep your child home until your family's physician has determined that he/she is no longer contagious and that it is safe for them to return to our school.

The best way to prevent the spread of this virus is to avoid contact with other children. Children will be excluded from the program if their fever rises above 101 degrees. If they then develop Roseola, they should not return until the rash has disappeared. If symptoms become apparent in your child, please notify the school and see your physician immediately.

As always, we are taking every precaution to prevent the spread of any illness at our school, including additional sanitation procedures. For everyone's added safety, we encourage you to follow the Center for Disease Control's recommendations for preventing the spread of germs and disease, including:

- **Washing hands with warm water and soap for at least 20 seconds, making sure to scrub the backs of hands, wrists, between fingers and under fingernails.**
- **Using disposable/paper towels to dry hands; cloth towels can harbor bacteria.**
- **Avoid close contact to people who are sick. When you are sick, keep your distance from others to protect them from getting sick as well.**
- **Avoid touching your eyes, nose and mouth. Germs are often spread when a person touches something that is contaminated and then touches his or her eyes, mouth and nose.**

If you have any additional questions or concerns, please don't hesitate to let us know. We thank you for your cooperation and continued confidence in our school.

Sincerely

Director

