

HEALTH BULLETIN

Strep Throat & Scarlet Fever (bacteria)

Symptoms:

A fine red rash that resembles sandpaper, usually prominent in the armpits and groin; paleness around the mouth; sore throat, fever, stomachache, swollen lymph nodes, and decreased appetite.

How It Is Spread:

Strep Throat and Scarlet Fever are spread through direct contact and breathing the same air space as an infected person.

Incubation:

2-5 days

Communicable Period:

Risk is reduced after antibiotic treatment.

Control:

Provide information to the school regarding the nature of the condition. Exclude your child from school until after treatment is completed.

Suggested Treatment:

See a physician for recommended treatment.

Prevention:

Practice good hand washing techniques.

References:

American Academy of Pediatrics,
Managing Infectious Diseases in
Child Care and Schools© 2010
www.aap.org

Center for Disease Control
and Prevention (CDC)
www.cdc.gov

