

HEALTH BULLETIN

Rota virus (virus)

Symptoms:	Diarrhea, nausea, vomiting, and dehydration in some cases.
How It Is Spread:	Rotavirus is spread through the fecal-oral route.
Incubation:	2-4 days
Communicable Period:	Before diarrhea begins until 3 weeks after the illness.
Control:	Provide information to the school regarding the nature of the condition. Exclude your child from school if stool cannot be contained in a diaper or "accident" or occurring for toilet-trained children, there is blood or mucous in the stool, stool frequency is 2 or more than normal, stool is black or pale, child has dry mouth and eyes, child fails to urinate for 8 hours, or child has yellowish skin or eyes.
Suggested Treatment:	See physician for recommended treatment.
Prevention:	Practice good hand washing techniques, particularly after coughing and sneezing. Sanitize contaminated items/surfaces and dispose of tissues containing nose and throat secretions.

References:

American Academy of Pediatrics,
Managing Infectious Diseases in
Child Care and Schools© 2010
www.aap.org

Center for Disease Control
and Prevention (CDC)
www.cdc.gov

