

Dear Families,

The health and safety of our children and staff is of the utmost importance to us. Therefore, we wanted to let you know that we have a confirmed case of Croup- it is an infection of the upper airway, which obstructs breathing and causes a characteristic barking cough- at our Discovery Point center.

Often Croup begins as a typical cold. The symptoms may include. If there is enough inflammation and coughing, a child will develop a loud barking cough. This often is worse at night, and is further aggravated by crying and coughing, as well as anxiety and agitation, setting up a cycle of worsening symptoms. Fever and a hoarse voice are common, too. Your child's breathing may be noisy or labored. Please keep your child home until your family's physician has determined that he/she is no longer contagious and that it is safe for them to return to the center.

We are asking that all parents be aware of the symptoms. If symptoms become apparent in your child, please notify the center and see your physician immediately.

As always, we are taking every precaution to prevent the spread of any illness at our center, including additional sanitation procedures. For everyone's added safety, we encourage you to follow the Center for Disease Control's recommendations for preventing the spread of germs and diseases, including:

- Washing hands with warm water and soap for at least 20 seconds, making sure to scrub the back of hands, wrists, between fingers, and under fingernails.
- Using disposable/paper towels to dry hands; cloth towels can harbor bacteria.
- Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick, as well.
- Avoid touching your eyes, nose, and mouth. Germs are often spread when a person touches something that is contaminated and then touches his or her eyes, mouth, and nose.

If you have any additional questions or concerns, please do not hesitate to let us know. We thank you for your cooperation and continued confidence in our Discovery Point center.

Sincerely,

Director

